



Shaz & the Medicine Man

Who we are

We are Sharon & Henry: the two of us met in 2020 and we quickly discovered a shared deep love for music. Together we create music & live events: concerts, workshops, gatherings, where we weave music and storytelling. To bring people together through singing & dancing & shared stories.

Our work blends traditional influences with contemporary music, inviting presence, creativity and genuine connection. We make spaces for people to pause, celebrate life and reconnect with what truly matters.

Come listen, move and connect.

Henry de la Croix

I always dreamed of playing the guitar as a little boy. Listening to Carlos Santana's Europa (Earth's Cry Heaven's Smile) around twelve, I begged my parents for my first guitar. Every single minute I grabbed that guitar to practice.

Meeting uncle Willy with his Indonesian style of guitar playing at age 15 was a big influence and inspiration for me: I developed my own unique way of touching my guitar.

My first encounter with Jai Uttal's groovy way of playing during the Barcelona Yoga Conference, as well as the heartwarming singing circles on the magical island of Ibiza, planted deep-rooted seeds of sharing music and stories with the world.

Music is a form of soul nourishment to me, an exchange of energy and frequency. Sparkling eyes, radiating smiles, dancing and singing around the campfire... it all fills my heart with love and joy. It brings a deep feeling of connection and a sense of belonging.

What we do

Concerts, festivals, workshops, retreats, kickstart your day and more. Our mission is to spread seeds of love & hope through music, storytelling and shared experiences. We believe music can feel deeply nourishing to the soul. From intimate living rooms to big festival events: intention and atmosphere are always an important part of what we bring.

Together with our audience, we create a warm and welcoming space where we invite everyone to open their heart.

Sharon Meibergen

For as long as I can remember, I have been singing my way through life.

After years of searching, I felt a deep call to reconnect with my own inner song. Melodies began to rise from within, inviting me to embrace my own voice and sound. It marked the beginning of writing my own music, which I now share together with Henry as Shaz & the Medicine Man.

The journey has been profound. Each week my voice opened a little more, revealing new layers of expression. As I grew into my sound, my heart opened too. Now I sing straight from my heart, hoping the music reaches those who listen. When I sing, it feels like music becomes nourishment for the soul, a gift I am grateful to share with the world.

I feel deeply thankful for this unfolding path.

"Are we willing to Live a Life in Presence and Gratitude, while Playing and having Fun?"

You can find us here:

www.shazandthemedicineman.com

<https://open.spotify.com/artist/3qmlY6oNgUJHqNkRLDseXu>

www.instagram.com/shaz_and_themedicineman



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